

PORK AND SWEETS FATAL

William Rossiter Says Vermont Needs Re-Education Idea.

Consumption of Pig and Sugar Leads to Weakness and Disease—Way in Which State May Awaken to Progress.

That the consumption of "pig products and sweets" in Vermont must lead inevitably to weakness and disease, and that the natural results of such a diet can mean nothing but increase in the number of sickly, weak, anemic women, incapable of child bearing, is the startling statement made by William S. Rossiter, formerly expert special agent and chief clerk of the United States census office, in a letter to the editor of this paper. Mr. Rossiter recently had some correspondence with Mr. Rossiter relating to the greater Vermont development movement and the statement comes in connection with the further statement that what Vermont needs more than all else is re-education and re-development of the home community idea. The need for this re-education, says Mr. Rossiter, is made more prominent in Vermont than elsewhere, because the communities are suffering more than elsewhere from departures. Mr. Rossiter says in part: "As I have observed Vermont, I have been impressed with what seems to me the necessity for what one might call re-education. The fathers were strong, alert and resourceful. Their wives and daughters were full of skilled activities. They were doubtless famous cooks and certainly were physically fit. The strain of 20 years in the wilderness, always of the wild, leaving always the weak—do not mean all who remained were weak, but that in the home staying element the weak were always included. Hence the inevitable slow deterioration leaves communities and households in numbers less cases less effective."

"On many Vermont farms the food consumed daily is not fit for human beings. It is utterly unsuited to nourish strong men and women. Pig products and sweets as a steady diet lead inevitably in the end to weakness and disease. It has seemed to me sometimes as though hospitality could produce nothing but cake. I have seen eleven kinds of cake on the table at once and nothing to eat. It matters not how simple the fare is if only nourishing. In my locality—Greensboro, in Orleans county—the number of sickly, weak, anemic women is surprising. Often they are physically incapable of child-bearing. Common sense suggests that a steady diet of pig and sugar could produce no other result."

"My point is this: The average household should be educated over again—for the fathers knew the value of nourishing food, that strength and health are the first objectives. Then again, on the farm, I imagine that the Vermonters of 1800 ranked high as farmers. To-day taken as a whole there is vast room for improvement. In fact, I have gained the impression that the farmers of Vermont are letting pass marvelous opportunities. "There are certain products which cannot be surpassed by any other State in the union. Take two as examples, apples and butter. Apples scientifically raised in Vermont surpass in flavor and perfection those of Oregon and Washington. Vermont loafs at the gate-way of markets, yet so far as we have learned there is only one model apple farm in the State and Washington apples are dragged in freight cars 300 miles and sold under Vermonters' noses."

"As to the butter—the finest butter in the world, can, I believe, be made in Vermont. Taken as a whole the average product of the New England region is I am told much better. This is purely the result of enterprise and effort. It is useless to talk about natural advantages, if we don't make use of those nature endows us with. Apples and butter of maximum excellence with channels opened by combination from producer to consumer could make Vermont rich. As it is now in the name of heaven can a Vermont farmer expect to prosper when he seeks a market from his secluded hillside for a few bushels of apples no longer competing with scientific product or for butter that the great dairies of Illinois and Wisconsin are surpassing? It is not nature's fault, she waits to help."

Mr. Rossiter concludes his letter by suggesting that the following pressing needs are but preliminary to the real progress of Vermont:

1—"Education of Vermont population especially in the rural parts in progressiveness; in better living in the art of getting the best possible product."

2—"In starting the movement to keep young Vermonters at home by conferences and by finding things for them to do. If a strong manly ambitious boy can find favor in Omaha or Denver, can't the leading citizen of the home town, which leads him so badly, hustle a little to keep the young fellow at home?"

3—"Vermont needs new native stock population. Let her try a few penstocks such as Washington and Oregon have under way and handle it right, and I believe the results would be surprising. But the newcomers must be followed up, watched and encouraged."

4—"Vermont needs marketing associations."

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18—"Vermont needs marketing associations."

A Skin of Beauty is a Joy Forever

Dr. T. F. Folia's Oriental Cream or Magical Beautifier.



"Goddard's Cream" is the best skin preparation for sale by all druggists and chemists in the United States, Canada and Mexico.

W. H. D. HOPKINS, Prop., 37 Great Jones Street, New York.

Remove Tan, Pimples, Freckles, Moth Patches, etc., with this cream.

It is a harmonious skin preparation, it is a skin preparation, it is a skin preparation.

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TEACHERS APPOINTED

Selections Made for Public Schools for Next Year.

Principals Remain the Same and a Few Changes Made in the Assistants for Term Beginning in September.

The appointments of teachers in the public schools of the city for next year confirmed by the school board at the last regular meeting were made public last night by Superintendent H. O. Wheeler. There are few changes in the list this year. In the high school S. G. Johnson, E. J. Johnson, and in the Commercial school the places of Annie Z. Lavery as special assistant and Dorothy V. Pope as kindergarten assistant will remain vacant until a later date. In the Lawrence Barnes school Marguerite E. Jones will no longer serve as special assistant and in the Adams school the position of special assistant held by Margory Johnson will be vacant until later. At the Archibald street school Mrs. Blanche E. Gile replaces Dorothy Drury as special assistant. The latter goes to the Ira Allen school to take the place of Lucie H. McKillop. Ethel E. Lamberton becomes a regular assistant of the Commercial school, and a special assistant. The appointments are as follows:

HIGH SCHOOL.
Principal, M. D. Chittenden; assistants, Effie Moore, Phoebe M. Towle, Charles E. Putney, Harriet B. Towne, Mary E. Pease, Mary E. Norcross, Mrs. Lillian A. Van Aken, Lillian A. Bean, Jennie D. Caruthers, S. G. Johnson, Eleanor Marshall, Mary M. Dwyer, Evelyn E. Enright, teacher of French, Lucy E. Carr, teacher of German, Mildred Small, teacher of commercial subjects, Irving V. Cobleigh, assistant teacher of commercial subjects, Ruth Henderson, teacher of domestic science, Mrs. Grace L. Dugan, teacher of manual training, William H. Christmas, teacher of elocution and elocution, Florence B. O'Brien, teacher of drawing, Alice G. Jackson, teacher of music, Guy N. Hall, teacher of normal training course, Joanna D. Croft.

GRAMMAR SCHOOL.
Principal, A. M. Eldridge; assistants, Helen G. Hendee, Winifred M. Collins, Maude M. Mulqueen, M. Mary Shea, Caroline B. Nye.

ENIGMA SCHOOL.
Emma G. Mulqueen.

CONVERSE SCHOOL.
Principal and C. grammar—Sarah A. Martin; assistants, Eva A. Jones, Clara M. Lawrence, Jennie M. Matthews, Alice L. Keck, Jessie E. Lord, Mary E. Lenth, Ethel L. Drew, kindergarten, Mary A. Parkhill.

LAWRENCE BARNES SCHOOL.
Principal and C. grammar—Mrs. Mary B. Mayo; assistants, Ethel J. Dwyer, Helen E. Madden, Mary M. Walsh, Maude M. Weeks, L. Edith Rhodes, Emma L. Landon, Mary E. Madigan, Ella E. Cameron, kindergarten, Kathryn M. Coventry, assistant, Blanche M. Partridge.

POMEROY SCHOOL.
Principal and C. grammar—Mrs. Marie H. Benedict; assistants, Mildred Peck, Margery Adair, Maude M. Mulqueen, Mrs. Josephine A. Ames, Josephine M. Everett, Bertha M. Smith, Roxana B. Brownell, special assistant, Hattie G. Brownell; kindergarten, Virginia Ferguson; assistant, Mary B. Daley.

ADAMS SCHOOL.
Principal and C. grammar, Emma J. Chapman; assistants, E. Mae Brigham, S. Edith Rhodes, Percy M. Harrington, Victoria D. Buckland, Nellie Ayling, Florence M. Fisher; kindergarten, Helen E. White, assistant, Margaret Stanley.

ARCHIBALD STREET SCHOOL.
Principal and A. intermediate, Mrs. Lois J. Mahoney; assistants, Blanche A. Pratt, Ruth E. Van Cor, Nellie Keating, Maude E. Coyne, Mary M. Loomis, Sarah A. Wheeler, Mary E. Farrell; special assistant, Mrs. Blanche E. Gile.

IRA ALLEN SCHOOL.
Principal, C. grammar, A. intermediate, Cora B. Drew; assistants, Dorothy Drury, Blanche E. Gile, Nellie Ayling; special assistant, Margaret M. Hagan.

CHASE STREET KINDERGARTEN.
Katherine E. Bebe.

S. W. THAYER SCHOOL.
Principal—Chamilla Blonid; assistant, Kathryn Blonid.

CHAMPLAIN SCHOOL.
Principal and A. intermediate—Mary A. Farrell; assistant, May I. Donnelly, Agatha A. Blonid, Marion A. Landon, Ruth A. Bullard, Ethel E. Lamberton, kindergarten, Kathryn B. Hagar.

JANITORIA.
High school, Peter McCabe; engineer, Russell Hallett; grammar school, Joseph N. Gingham; grammar annex, Peter McCabe; Adams school, F. A. Houde; Converse school, W. H. Watkins; Lawrence Barnes school, Joseph J. Lane; Lawrence Barnes and Archibald kindergarten, John G. Bacon; Pomeroxy school, John Lessor; Beacon annex, Jacob Bland; Ira Allen school, Z. R. Leonard; Archibald street school, Madison Patton; S. W. Thayer school, Frederick Blonid; Champlain school, Peter Prouty; Chase street kindergarten, William Ward.

COLONIAL DAMES MEET.

Vermont Branch of National Society Elects Officers at Bennington.

The 12th annual meeting of the Vermont branch of the National Society of the Colonial Dames of America was held at the home of the president, Mrs. Henry S. Bingham, of Bennington, on Wednesday, May 16.

Letters were read from Mrs. William Ruffin, of Bennington, president of the National Society, and from Mrs. Justice Fair of the Supreme Court of the United States, Miss Alice French of Iowa, better known as Octave Thonet, the author, Miss Helen Winslow, Mrs. George F. Edmunds, Mrs. Orion M. Barber, Mrs. William A. Root and others.

Reports of officers and committees showed that the work and interest of the society are both local and national. It is glad to have had a part in the 125th given by the National society toward the magnificent George Washington memorial to be erected in Washington, which will fill a long list of the nation's children. The National society has voted \$500 for a fitting commemoration of the 125th anniversary of the landing of the Pilgrims and members of the society in Vermont will have a share in this tribute to the nation.

The Vermont's Thank memorial was one of the subjects considered at the meeting, and also the illustrated book on "Old Burying of American Churches," being compiled by E. Alfred Jones of England. A touching tribute to the memory of

Mrs. Frederick Lyman Abbott, the only member deceased during the year, was given by the president.

The amount given annually to help a young woman of colonial descent to obtain a college education was doubled. Mrs. Henry S. Bingham was delegate from the society in Vermont to the 11th annual council of the National society and Mrs. George M. Barber of Washington were alternates. A report of the council given by Mrs. Laird, told of the great work being done by the Colonial Dames of America in 28 States of the Union, a body of more than 7,000 representative women working in perfect harmony and sympathy not only to collect and preserve manuscripts, traditions and relics of by-gone days, to diffuse beautiful and intelligent information concerning the past, but also "to stimulate a spirit of true patriotism and a genuine love of country."

Following is a list of officers and managers elected: Honorary president, Mrs. Bradley B. Smalley, Burlington; vice-president, Mrs. John A. Mead, Rutland; second vice-president, Mrs. Horace Hoxie Dyer, Rutland; secretary, Mrs. George Allen Laird, Royalton; treasurer, Mrs. William A. Root, Bennington; historian, Mrs. J. N. Johnson, Bennington; registrar, Mrs. Percy F. H. Johnson; managers for three years, Mrs. Laird, Mrs. Hazen, Mrs. Jackson and Mrs. Root.

R. W. Dunforth, 166 No. Main St., Concord, tried many remedies for kidney, but they did not cure him. Then he saw advertisement of Foley Kidney Pills and began taking them. "In a short time I commenced to get better, the pains left my back, the action of the kidneys was free and natural and the irritating sensation ceased. I gladly recommend Foley Kidney Pills." J. W. O'Sullivan, 24 Church Street.

DENTISTS TALK SHOP.

Papers and Discussions during the Day, with Entertainment in Evening.

The Vermont dentists continued their annual meeting Thursday with morning and afternoon sessions and an entertainment in the evening on the roof garden of the Hotel Vermont. At the 2:30 session Dr. J. H. Brown of Bennington presided. The subject of the day was the subject of an address by Dr. C. C. Patton of Boston, the discussion of the paper being carried on by Dr. George O. Mitchell of St. Albans, Dr. David Manson of this city and Dr. P. M. Williams of Rutland. Dr. S. S. Costello of this city followed with a paper, "A New Remedy for an Old Disease," and a discussion by Drs. S. D. Hodges of Burlington and George E. Barber of Brattleboro and others.

At 2:30 the committee on legislation reported through its chairman, Dr. George P. Cheney of St. Johnsbury. The law relating to dental practice was discussed, some changes were recommended, and Dr. Cheney was appointed chairman of a committee to bring the matter before the Vermont legislature at the next session. The paper by Dr. H. M. Smith of London, upon "Some Conditions of Our Rural Communities and How They Shall be Overcome," postponed from Wednesday, was read and discussed by Drs. J. A. Person of Barton, G. E. Partridge of this city and D. E. Deering of South Royton. Dr. G. E. Mitchell of St. Albans presided.

The evening program on the roof garden consisted of two musical numbers by Barton's orchestra, two vocal selections by the University of Vermont male quartette, a vocal solo by Mrs. George E. Partridge, a recitation by Dr. J. H. Brown, a Canadian dialect by Dr. Frank Lynde of this city, and a duet by Dr. Harry Selby of New York city and Daniel Beckwith of Boston.

The death of Mrs. Miranda (Gilmour) Cushman, wife of Hiram Cushman, closes the life record of a beloved wife, mother and friend. May 12, 1889, in company with many others, she united with the Congregational Church in Georgia. Although for a number of years a non-resident, the interests of her old church, of which at the time of her death she was the oldest member, were dear to her heart. Blessed with vivacity of spirits and a social nature she had a large circle of friends who always received a cordial welcome to her hospitable and attractive home.

DENTISTS END MEETING.

Dr. P. H. Brown of Bennington Falls Elected President at Final Session.

Dr. P. H. Brown, of Bennington Falls, was elected president of the Vermont State Dental society at the closing session of the annual meeting. He is a graduate of the dental department of the University of Maryland, in the class of 1888. He was first vice-president of the society last year, and in his new office he succeeds Dr. L. E. Mellen of Middlebury. Other officers were elected as follows:

First vice-president—Dr. Dana E. Deering of South Royton.
Second vice-president—Dr. Thomas Mound of Rutland.
Secretary—Dr. P. M. Williams of Rutland.
Treasurer—Dr. W. H. Munnell of Wells River (re-elected).

Executive committee—Dr. W. H. Munnell of Wells River, Dr. H. M. Smith of Lyndonville and Dr. George E. Partridge of this city.

Dr. David Manson of this city was chosen as candidate for appointment as a member of the board of dental examiners, and Dr. Mound was elected delegate to the convention of the National Dental Association, New York, September 10-12.

Samson of this city, Burton A. Holmes and William K. Mackay of Barre and Louis M. Plette of Winoski. Resolutions offered by Dr. Manson upon the retirement of W. H. Towne, who has covered Vermont as a traveling salesman for over 50 years were passed. The changes in the State law governing dental practice were approved by vote of the society. The date and place of the 1913 meeting was not decided, the matter being left with the executive committee.

Dean's Rheumatic Pills for Rheumatism and Neuralgia. Entirely vegetable. Safe.

ADVERTISED LETTERS.

List of unclaimed letters remaining in the Burlington postoffice for the week ending May 18, 1912:

WOMEN'S LIST.

Mrs. John Abames, Mrs. John Acland, Mrs. Franklin Bowen, Mrs. J. W. Heston, Mrs. Hattie Collins, Mrs. Annie Dyer, Mrs. J. N. Johnson, Mrs. George, Anna Glosky, Irene Laville, Rose Mulder, Mrs. Charles Pierce, Mrs. Maud Preston, Mrs. Maude Pringle, Miss Vera Rutland, Ethel Sanders, Mrs. Charles Sterns, Mrs. Margaret Shampagne, Susan Tonzak.

MEN'S LIST.

A. B. Arnold, Harry Butler, Frederick P. Claus, John Clay, John Clark, Dock A. Condit, Frank Deso, Charles Dunfield, Adam Fuller, Frank Goodrich, Leslie C. Griffin, Harry G. Hutchins, James McCormick, Peter D. Morrison, J. Morrell, William H. Owey, Thomas P. O'Neill, Theodore C. O'Neill, H. P. Patton, Hubert Stas, W. G. Verm, C. W. Wright.

Parcels for Mrs. Thomas Wren, John Conley.

WINGSKI LIST.

Budie Arber (2), Rama Bellette, Ethel Barchile, Frank Dyer, Miss E. E. Ebel, Pierre Gaboriau, Edith Newton (2), Edward Prager, Mrs. Louise Stobbing.

GODDARD AGAIN THE WINNER

Athletes from Barre School Carried off Track Honors.

In Intercollegiate Meet Granite City Boys Scored 51 Points, Sherburne Alone Taking 25 of Them—One Record Broken.

Fifteen husky athletes from the Granite City Saturday carried away the honors of the seventh annual intercollegiate track meet held on Centennial field. The winning school scored 51 points and of that number Sherburne, who was again the shining light of the meet, chalked up 25 with four firsts, a second and two thirds. The showing of this young athlete was the one talk of the meet. Troy conference academy, with only five athletes entered, worried the winners in good shape and with more entries for team work and for second and third prizes, would have bid fair for the first trophy. Vermont academy was third with 23 points. The only record broken Saturday was in the hammer throw. Sherburne bettered his previous record by almost 15 feet, the total distance of the throw being 133 feet. In a whole season they weigh no more than two points in the pole vault. Rutland high school had several men in several events but they did not get away with any of the medals.

The meet, as a whole, was not extremely exciting. There were no hair breadth finishes and the chief interest lay in the individual work of the better competitors. Mallory and Young of T. C. A. scored many of the points registered by the Poultney school.